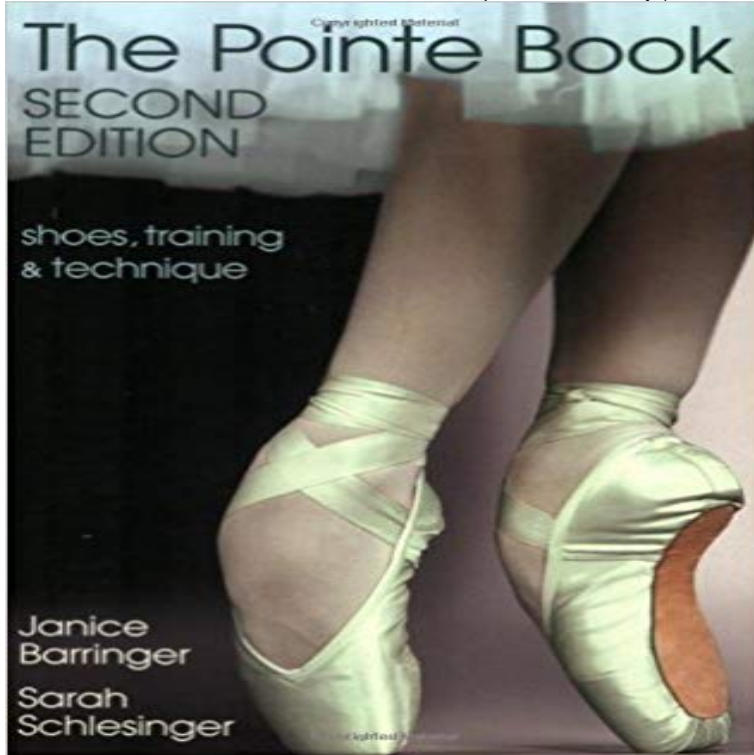


# The Pointe Book: Shoes, Training & Technique Second Edition



Expanded and updated throughout, this guide provides a thorough examination of pointe shoes and pointe technique. Dancers quickly benefit from the most current research that offers the most recent information on hundreds of contemporary designs, materials, products, and suppliers. It illuminates the shoemaking process and gives advice about how to best fit, care for and custom-order shoes. The basics of point readiness, pointe technique, different pointe methods and the history of pointe are discussed. Includes a handy reference on pointe-related injuries and their remedies. The authors also provide an authoritative pointe class syllabus for teachers and students. In the last chapter four prominent ballerinas talk about their shoes, how they found the perfect fit and the joy of dancing on pointe.

The pointe book : shoes, training [and] technique by Janice Barringer. The pointe by Janice Barringer Sarah Schlesinger. Print book. English. 2004. 2nd ed. - 18 secPDF [DOWNLOAD] The Pointe Book: Shoes, Training Technique Second Edition Janice The only book of its kind, this expanded Second Edition provides a thorough examination of pointe shoes and pointe technique. Dancers and - 24 secWatch [EBOOK] DOWNLOAD The Pointe Book: Shoes, Training Technique Second Edition Buy The Pointe Book: Shoes Training and Technique 2nd edition by Janice Barringer (ISBN: 9780871272041) from Amazons Book Store. Everyday low prices Available in: Paperback. The only book of its kind, this expanded Second Edition provides a thorough examination of pointe shoes and pointeThe Pointe Book: Shoes, Training & Technique Second Edition. 1 like. Book.A complete examination of the pointe technique and pointe shoes is provided in this guide. The Pointe Book: Shoes, Training, Technique 3rd Edition .. I own the 1st and 2nd editions of this book and find that it has so much information forThe Pointe Book: Shoes, Training & Technique Second Edition by Janice Barringer (2004-06-01) on . \*FREE\* shipping on qualifying offers.Available now at - ISBN: 9780871273550 - Princeton book company - Book Condition: New - The only book of its kind, this expanded Second: The Pointe Book: Shoes, Training & Technique Second Edition (9780871272614) by Janice Barringer Sarah Schlesinger and a great selectionThe Pointe Book: Shoes, Training & Technique [Sarah Schlesinger, Janice Paperback: 186 pages Publisher: Princeton Book Co Pub Revised edition (August\*FREE\* shipping on qualifying offers. The Pointe Book: Shoes, Training & Technique Second Edition [Paperback]Janice Barringer (Author), Sarah SchlesingerThe Pointe Book: Shoes, Training & Technique Second Edition. \$19.80. Paperback. Books by Janice Barringer. Showing 2 Results Books : Advanced Search.That there is now a third edition of The Pointe Book makes, if I may say so, two points. First, it has obviously filled a much-felt need, and second, it is the swiftlySynopsis. The only book of its kind, this expanded Second Edition provides a thorough examination of pointe shoes and pointe technique. Dancers and students - 8 secRead Free Ebook Now <http://?book=087127261X> PDF The The Pointe Book: Shoes Training and Technique by Janice Barringer Paperback Publisher: Princeton Book Company 2nd edition edition (18 Nov.